



Psalm 121: Our Help Is From the Lord

Music by Luke D. Rosen

For Cantor, SATB Choir, Piano, Guitar

Instrument Parts:

Flute
Clarinet in B^b
Alto Saxophone
Tenor Saxophone
Horn in F
Trumpet in B^b I & II
Trombone I & II
Tuba
Violin I & II

Responsorial Psalm for:
Twenty-Ninth Sunday in Ordinary Time (C)

Psalm 121: Our Help Is From the Lord

Gently Rocking ♩. = 45
Introduction

Piano

D Em⁷ F Em⁷ C D

Pno.

9 D Em⁷ F Em⁷ C D

Cantor Refrain

16 D Em⁷ F Em⁷ C D

Cantor

Our help is from the Lord, who made hea - ven and earth.

Pno.

24 D Em⁷ F Em⁷ C D

Cantor

Refrain

32 D Em7 F Em7 C

Choir: Our help is from the Lord, who make hea - ven and

Pno.

39 D D Em7 Em7 C

Choir: earth.

Pno.

47 Verse 1, 2, 3 D G Bm

Choir: I lift up my eyes to the moun - tains; from where shall
 he will keep your foot from stum - bling. Your guard will
 3. LORD your guard, the LORD your shade at your
 The LORD will guard you from e - vil; he will

Pno.



come my help? My help shall come from the LORD -
 ne - ver slum - ber. No, he sleeps not in any slum - ber
 in his right hand. By day the sun shall not burn, nor will the heat
 guard your soul. The LORD will guard you when you go - ing and - coming

who made heaven and earth. - - - - -
 - - - - - ra - el's guard. - - - - -
 you, nor the moon in the night. - - - - -
 both now and for - e - - - - - ver.

Final Refrain

66 D Em⁷ F Em⁷
Choir Our help is from the Lord, who made hea -
Pno.

72 C D D Em⁷
Choir ven and earth. Oo
Pno.

77 F C D *molto rit.*
Choir Oo
Pno.

The musical score is written for a Choir and Piano (Pno.). It consists of three systems of music. The first system (measures 66-71) features the lyrics "Our help is from the Lord, who made hea -". The second system (measures 72-76) features the lyrics "ven and earth. Oo". The third system (measures 77-81) features the lyrics "Oo" and includes the tempo marking "molto rit.". The score includes vocal lines for the choir and piano accompaniment for both hands. Chord symbols (D, Em⁷, F, C) are placed above the vocal lines. The piano part includes various musical notations such as slurs, ties, and dynamic markings.

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Piano

9

D Em⁷ F Em⁷ C D

Pno. D Em⁷ F Em⁷ C D

Cantor Refrain

16

D Em⁷ F Em⁷ C D

Cantor Our help is from the Lord who made hea - ven and earth.

24 D Em⁷ F Em⁷ C D

Refrain

32

D Em⁷ F Em⁷ C

Choir help is from the Lord, who made hea - ven and

D Em⁷ F Em⁷ C

earth.

Verse 1,2,3,4

47 D Bm F#m G Bm

1. I lift up my eyes to the moun - from where sh

2. He will keep your foot from stum - bling. your gu will

3. The LORD your guard, the LORD your shade at your

4. The LORD will guard you he will

54 C G Bm F#m G

come my help? My help shall come from the LORD,

ne - ver slum - ber. he shall not nor slum - bers,

right hand. By day the sun shall not smite

guard your soul. The LORD will guard your go - ing and com -

60 C G Am

who made sea - ven and earth.

Is - - ra - el's guard.

you, nor the moon in the night.

ing, both now and for - e - - ver.



Final Refrain

66

Choir

Our help is from the Lord, who hears

D Em7 F Em7

72

Choir

ven and earth.

C D D Em7

77

Choir

Oo

F C D

A Note on instrumentation for any Psalm Setting by Luke D. Rosen

1. Each psalm may be played with any combination of instruments with no obligation to use all instruments at all.
2. No dynamic markings are given in the scores: the composer wishes for the conductor or group/director to take liberties with dynamics and have them grow organically from the ensemble and the space.
3. The Horn in F and Trombone I parts double each other (unless otherwise noted in the score parts):

For Brass Quartet, use Trumpet I/II and Trombone I/II.

For Brass Quintet, use Trumpet I/II, Horn in F, Trombone II, and Tuba.

SAMPLE

Flute

Psalm 121: Our Help Is From the Lord

The Abbey Psalms and Canticles
Ps 121: 1-2,3-4,5-6,7-8 (cf. 2)

Luke D. Rosen

Gently Rocking $\text{♩} = 45$
Introduction

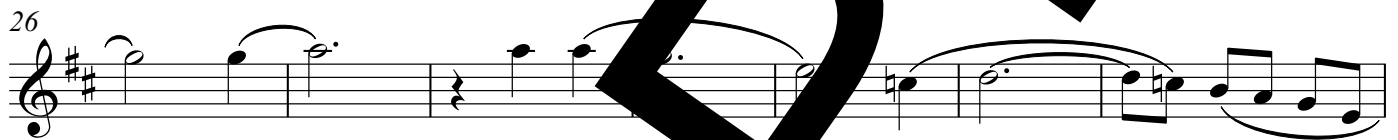
7



15 **Cantor Refrain** 5



26



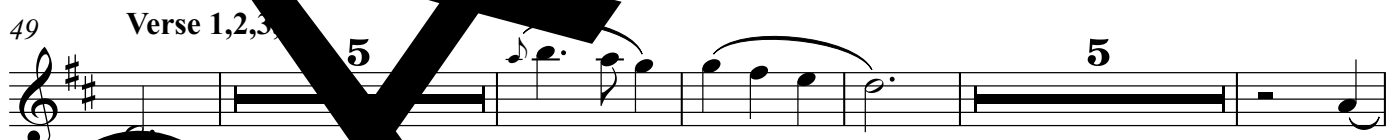
33 **Refrain**



41



49 **Verse 1,2,3** 5 5



Final Refrain



Ps 121: 1-2,3-4,5-6,7-8 (cf. 2). Refrain text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.

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Flute

72

Musical staff for measures 72-77. The staff is in treble clef with a key signature of two sharps (F# and C#). It contains six measures of music. Measures 72-74 feature a melodic line with a slur over three notes. Measures 75-77 continue the melodic line with slurs over two notes each.

78

molto rit.

Musical staff for measures 78-83. The staff is in treble clef with a key signature of two sharps (F# and C#). It contains six measures of music. Measures 78-80 feature a melodic line with a slur over three notes. Measures 81-83 continue the melodic line with slurs over two notes each. The tempo marking *molto rit.* is placed above the staff at the beginning of measure 81.

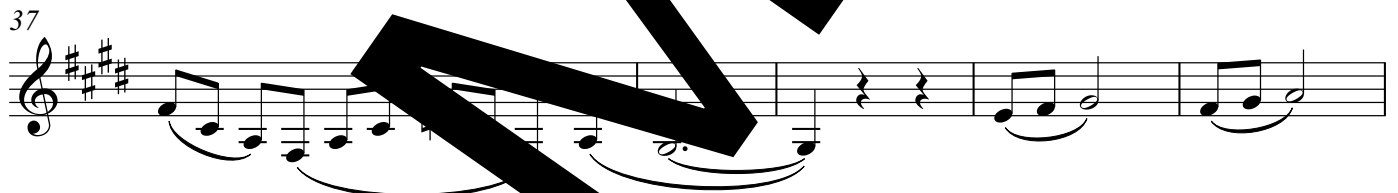
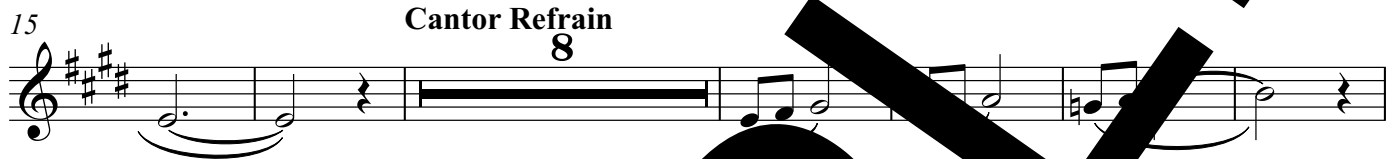
SAMPLE

Clarinet in B \flat
The Abbey Psalms and Canticles
Ps 121: 1-2,3-4,5-6,7-8 (cf. 2)

Psalm 121: Our Help Is From the Lord

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Introduction



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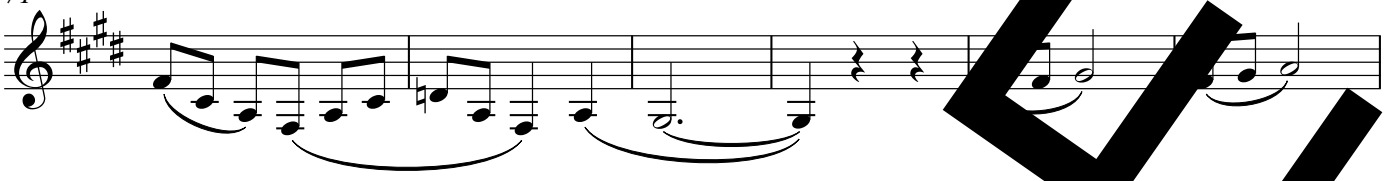
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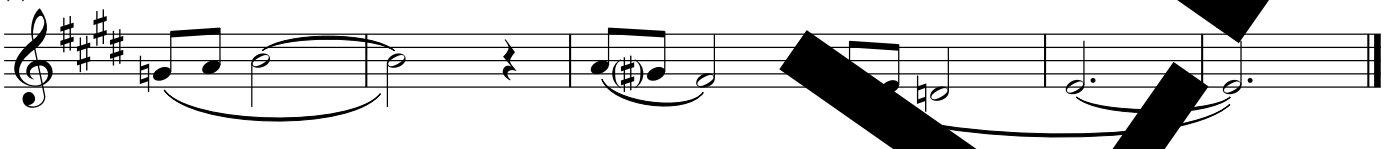
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71



77

molto rit.



SAMPLE

Alto Saxophone

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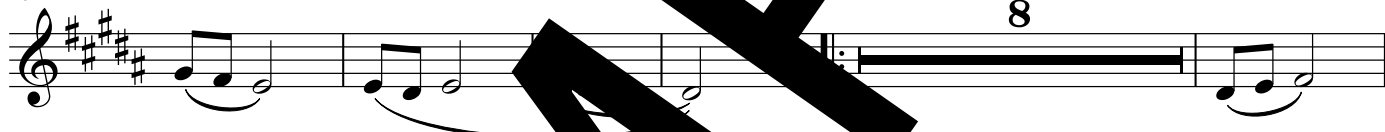
Gently Rocking $\text{♩} = 45$
Introduction
8



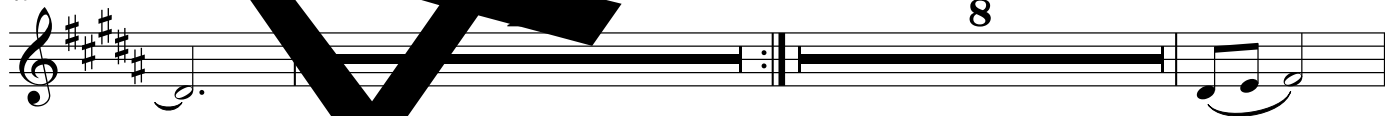
15 Cantor Refrain
8



29 Refrain
8



49 Verse 2,3,4 Final Refrain
8



molto rit.



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Tenor Saxophone

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Introduction

8

15 **Cantor Refrain** 8

29 **Refrain** 8

42

49 **Verse 1, 2, 3, 4** 17 **Final Refrain** 8

molto rit.

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Horn in F

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Gently Rocking $\text{♩} = 45$
Introduction 7

16 Cantor Refrain 7

31 Refrain 7

46 Verse 1,2,3,4 6

58 Final Refrain 7

molto rit.

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Trumpet in B \flat I II

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Introduction

8

16 **Cantor Refrain**
8

32 **Refrain**
8

47 **Verse** 4 6 9

Final 8 **molto rit.**

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Trombone I II

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Introduction

7

16 **Cantor Refrain**

7

31 **Refrain**

46 **Verse 3,4**

6

58 **Final Refrain**

9 7

molto rit.

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Tuba

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Introduction

8



17 **Cantor Refrain**

8



33 **Refrain**

8



49 **Verse 1,2,3,4**

6

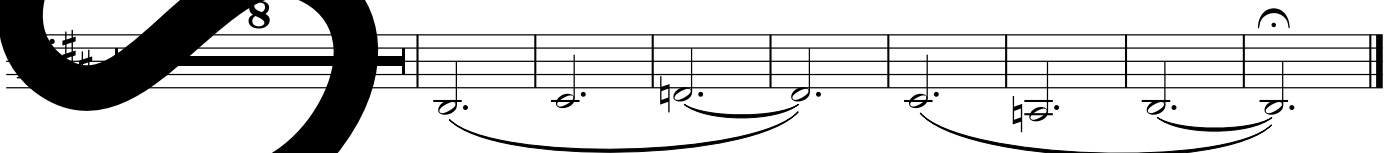
9



Final Refrain

8

molto rit.



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Violin I II
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Introduction

7

17 Cantor Refrain
7

33 Refrain

39

49 Verse 1, 4
2

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67 **Final Refrain**

Musical notation for measures 67-72. The key signature is one sharp (F#). The notation features eighth and sixteenth notes with triplets indicated by the number '3' above the notes.

73

molto rit.

Musical notation for measure 73. The key signature is one sharp (F#). The notation consists of a single half note with a fermata, indicating a long, sustained note.

SAMPLE